

THE HERALD'S PAGE

FOR EVERY WOMAN

PUZZLE CIRCLE IS SPENDING TIME WITH COMMON PENNY

Conditions of Contest Must Be Regarded to Have List Eligible for a Prize.

The Puzzle Circle is spending this week finding out how much, or how little, it knows of our everyday penny.

The new puzzle embraces twenty-two questions, the answer to each of which may be found on any penny in circulation, except the Lincoln 1 cent.

The puzzle is called "A penny for your thoughts," which does not imply, however, that this is the valuation set upon them.

The usual prizes of \$5, \$2, and \$1 are offered for the three most nearly correct solutions of the puzzle in the order of their receipt.

The contest closes at noon on Friday, and all answers must be in before that hour.

One solution only will be allowed each contestant.

No list will be taken over the telephone.

After it has been submitted, no list may be changed in any particular.

To be eligible for a prize, all lists must be signed with the correct name and address of the sender.

No answers with fictitious signatures will be considered in the prize awards.

Prize winners will be selected who conform to these regulations, and will be announced on Sunday.

While the new puzzle is just as simple as that of last week, early contestants are finding a few stumbling blocks.

One puzzler who submitted her list yesterday afternoon "because," she said,

"A PENNY FOR YOUR THOUGHTS."

1. Can you find a messenger?
2. Mode of ancient punishment.
3. Means of inflicting it.
4. A piece of armor.
5. A devoted young man.
6. A South American fruit.
7. A place of worship.
8. Portions of a hill.
9. Spring flowers.
10. Three weapons.
11. The first American settler.
12. Emblem of victory.
13. An animal.
14. Two sides of a vote.
15. An emblem of royalty.
16. One way of expressing matrimony.
17. Part of a river.
18. Something found in a school.
19. Part of a stove.
20. Plenty of assurance.
21. The cry of victory.
22. Implements of writing.

"the early bird catches the worm," phoned me later that she wished mightily she had not been ambitious to have been an early bird, as her haste caused her to make several errors which she found out when it was too late.

It is just as well to give even a simple puzzle a little thought, which was proven undeniably by the fact that no one was able to find an entirely correct solution of the stamp puzzle last week, possibly because it sounded too easy to begin with.

Daily Fashion Talk for Herald Readers

Patterns that Are Distinctively Simple Should Be Chosen for House Dresses—Embroidered White Linen Collar Adds to Effectiveness of Plain Frock.

The selection of materials for certain purposes is not always as easy as it might seem to be. For instance, a glance around the counters of any large store reveals so many lovely fabrics that one is tempted to say, "Oh, I must have a dress of that!" and buy it, before giving mature thought to the uses of such a dress, of the linings which the material demands, and the trimmings, which will bring the whole up to a prohibitive figure before one is well aware of it.

Bordered Fabrics Smart.

There are numbers of bordered fabrics which are perhaps the newest and best of the present season's offerings, and these are suitable for plain morning frocks, and for evening party gowns as well. The difference of the fabric itself tells us what use to make of it. There are numbers of charming lawns with the ground work in a solid color, a dot or other design covering the entire surface, and the edge made of dots or floral figures so grouped that they form a very effective border.

The same effects are found in printed chiffons, which cost well up in the dollars per yard, and which must needs be made over a messaline foundation and trimmed with costly lace.

Stripes and Dots.

Then there is the question of the design, which belongs to this season, as distinguished from that of last, and this year we must look for stripes and dots above all other figures. These are both easily handled, as they combine well with plain materials and also with other figures, so that very pretty effects can be obtained in the way of ornament.

Simplicity is the rule for house dresses, and one of these we show in the accompanying illustration made in the plainest manner possible. There is no trimming anywhere. The skirt has seven gores and is attached to the waist, while both open at the front.

Embroidered linen for the collar and cuffs relieves the otherwise extreme plainness of the gown, and, if desired, bands of insertion may be placed above the hem.

Pattern, 5217, is cut in sizes 32 to 44 inches bust measure.

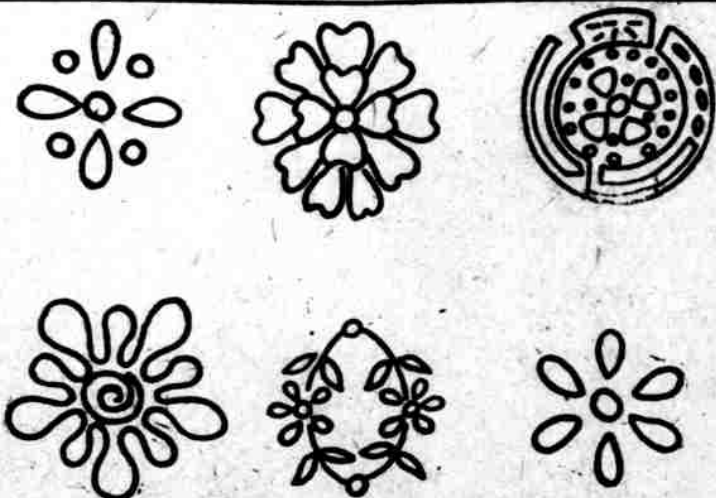
The above pattern can be obtained by sending 10 cents to the office of The Washington Herald.



COST OF THIS DRESS IN TWO MATERIALS.

	GINGHAM.	CHALLIS.
5 1/2 yards of 27-inch gingham, at 12 1/2c.....	\$1.06	
5 yards of 36-inch challis, at 25c.....		\$1.25

DESIGNS FOR EMBROIDERED BUTTONS



So many embroidered buttons are used that six designs are given. They are done in the solid satin and the outline stitch, with the fine dots in French knots. Colored mercerized cotton No. 30 or filo floss may be used to carry out the color scheme of the coat or costume.

DARNING TURKISH TOWEL ON SEWING MACHINE

Towels and other household articles of the same sort often show thin places, which are precursors of holes and which should be mended before they get worse. Darning a Turkish towel by hand is a tedious affair, but they can be darned on the sewing machine easily.

Remove the pressed foot and darn the thin places by moving the towel backward and forward, then turning it around and darning across.

This is a plain which will work well with any of the household fabrics, and it does in time will save a large hole from forming.

Modes in Gloves.

The short sleeve is still the thing! Whether they be below or above the elbow matters not, but the long glove must bear them company. Light, delicate tights are always worn, and the dexterity between white and a pale cream, which looks like flesh tints at night, is great just now, though there may be a small preference for the cream, which is something of a novelty. Some rather than glass kid are being worn, and a favorite tone for afternoon wear is a light champagne shade, which is better used with all colored gloves.

The two-button glove is found to be the most useful, and many variations are being made. One of the latest is a glove with a button on the wrist, which is supposed to make them more graceful and comfortable in this season. They are usually done in the same tone as the gloves.

SMILES MAKE WORLD A BETTER PLACE

Life would be more livable if more of us felt it a duty to be pleasant however things might go.

An old woman once told a girl with a Puritan conscience: "Stop worrying so much about the right and wrong of things and keep smiling, and you will make this world a better place."

The girl was loath to keep smiling when she would much rather weep or storm, but she gained a victory over her spirit beyond penance and fasting.

Be pleasant first from a sense of duty, and it will soon become a habit. If sulky, moody, discontent, ill temper, nagging can get a grip on character, why not pleasant ways?

If you suggest a pleasant manner from

PANAMAS, \$8.50.

The smartest hats for athletic girls. Latest shapes, broad brim. Exceptional value.

STITCHES.
F. S. Smith, Corner Twelfth

no other reason, do so through self-interest. The girl who is agreeable never means over the world's treatment. Soldiers knew when he advised the "soft answer" rule for living.

EMPIRE GREEN IS FASHIONABLE SHADE.

Empire green (vert empire) is the latest within in Paris, as is everything reminiscent of the empire period. This shade may be best likened to the brilliant yet soft green of the Chinese jade, it is beautiful in every imaginable material, and blends particularly well with silver or gold.

Another late shade is sage, a combination of olive and coral. It is exceedingly handsome and effective in ostrich plumes, and flowers, but must be used with discretion on account of its brilliancy.

In shades the latest are coral, avocado, and periwinkle. The first two are rich, deep ecruistical purples, and periwinkle is a soft, pale lavender, slightly pinkish in tone.

Heather is a beautiful golden yellow, clear and translucent, with just the faintest touch of apricot in the east. It is practically the only distinct yellow shade in favor at the moment.

Paper for Stitching.

When you buy a bolt of narrow ribbon, save the paper on which it is wound, and use this later to place under soft materials when stitching them, to avoid puckering. You will find the much better than tearing up strips of newspaper for the purpose.

SORROW THE GREAT TEACHER THAT SOFTENS HUMAN HEARTS

It is the Man Who Has Been Poor and Hungry Himself Who Pities the Fallen.

By DOROTHY DIX.

A correspondent asks me this question: "Does joy soften more hearts than sorrow, as the French proverb says? Which is the better educator, laughter or tears?"

In my humble opinion, trouble is the great teacher to whom we are compelled to go to school if we ever acquire sufficient wisdom even to begin to comprehend the great problem of life. It is only from having suffered ourselves that we learn to pity and forgive, and without this knowledge all other knowledge is the folly of fools.

Joy teaches us nothing but arrogance and egotism. Those who have never been anything but healthy and prosperous all their lives have no patience with those who are not as well off as themselves.

This is what makes the judgments of the young so hard and cruel. They have had no experience of sorrow to teach them that our misfortunes are not always of our own making, and how often we can do our best and yet fail. They are untutored soldiers, who have never smelt the smoke of battle, yet who cry out "Forward!" upon all who come limping in, bloody and wounded, from the fight, instead of rolling in on a flower-bedecked chariot of victory.

The Old Who Have Suffered.

It is old people, those whose eyes have been washed clear by tears, those who have stumbled and fallen and picked themselves up again and again, who know from experience how, in the conflict, the bravest heart often falters and the strongest hand grows weary, who have no word of reproach for the vanquished.

We have a phrase for this. We say of a man or woman that he or she is "mellowed by age," and by this we imply wisdom that has been taught her or him what joy never could.

The man who inherited a fortune or who was born with the money-making instinct seldom has any patience with the man who does not get along. Any man who isn't an idiot or a fool, he thinks, can make money. As for not being able to get a job he scoffs at the idea, and, in a position of power, he turns away from him with withering contempt.

It is the man who has known the pinch of poverty himself, who has been hungry and cold, and has felt the awful sickening disappointment with which he turned away from the door where even work was denied him, who has his whole soul

melting with pity at the sight of every mendicant or every derelict of life on a park bench.

The Great Charity of the Poor. Of course, it will be said that the rich are often very generous, and that when a man makes a few millions he builds libraries and churches and schools and hospitals. That is true; but all the benefactions of the rich, the great monuments they build to their charity and blazon with their names, sink into absolute nothingness, even when measured by the dollar standard, with the unrecorded charity that the poor extend out of their poverty to one another.

It is the poor man and woman who have seen their own children pale with want who divide their last loaf of bread with their neighbors' hungry brood. It is the family that has been evicted because it could not pay its rent that takes in the people next door whose poor sticks of furniture have been thrown out on the sidewalk.

The gifts of Rockefeller and Carnegie combined are doubled and trebled and quadrupled by the aggregate of the charity of the poor to one another every year.

It is only those who have suffered who understand the sacredness of sorrow. When you hear a man or a woman talk of the folly of some mother who is grieving over a dead baby you may know that there is no vacant little chair in his or her household. None talk of the morbidity of sorrow except those who have never loved and lost.

Their Hour in Gethsemane.

Let the little white bear stand once in front of the door of a man and a woman; let them lay a waxen figure with its tiny hands folded over its little breast in a coffin, and you never hear them rail again at the folly of unavailing grief. Their hour in Gethsemane has taught them more than all the years of happy security in which they derided other people's sorrow as weakness, because they had never felt it themselves.

It is a strange and sad, but true, that we never learn anything except from our own experience, and that we can only understand what others must endure through having borne the same things ourselves.

This is why the soul is born in the travail of sorrow, and why our tears make the rain that must water all the beautiful and tender flowers that spring up about life. Unbroken prosperity makes an arid desert of the heart in which they parch and die.

DISEASES TO WHICH A DOG IS SUSCEPTIBLE

By EDWARD S. SCHMID.

Obstruction of the bowels.

Obstruction of the bowels, commonly called constipation, is a common form of disease in dogs, and in nine cases out of ten is entirely the result of improper feeding. Dogs that are fed entirely upon fibrous biscuits seldom, if ever, suffer from the complaint, and it is chiefly to be met with in dogs that are fed largely upon bones, and in chained dogs or those closely kennelled and denied sufficient exercise.

The bones, especially if previously broken up, are hastily swallowed and pass into the stomach, when some are properly digested, but others find their way into small intestines, where they cause obstruction.

This course of diet, it may be remarked, is often resorted to by those who maintain that it is necessary to provide a dog with bones in order that he may keep his teeth clean and free from tartar. Larva bones are certainly useful in this respect.

Symptoms.

In cases of constipation, if the hand be carefully passed over the stomach, the obstruction can generally be felt like a hard round ball in the stomach. There is a continual straining to empty the bowels, and the feces have more the appearance of cement than any other substance.

At times the dog vomits, and shows signs of pain by continually shifting his position. In addition to this, he frequently gives an occasional sharp cry of pain, especially when trying to pass the obstructing mass.

Treatment.

Care should be taken not to mistake the severe straining, which is often present in bad cases of diarrhoea, for constipation. Having satisfied himself,

the owner should first give an aperient. Should this dose fail, a course of warm soap and water must be resorted to, and repeated every hour until relief has been obtained.

Habitual Constipation.

Habitual constipation is a very common complaint, and is much more frequently met with than the acute form described above, especially in old dogs. In such cases the dog strains violently before his bowels can be brought to operate, and when they do so he frequently howls with pain.

This condition is usually the result of improper feeding, the diet should be regulated to remedy the evil. Fibrous biscuits have the virtue, when given regularly, of keeping the bowels in excellent condition, and their use renders the existence of habitual constipation unlikely.

In the case of very old dogs, it is often a good plan to soak the biscuits for some time in water or broth, before feeding. A dog's digestion and teeth, like a man's, do not improve with age. It is also a good plan to give twice a day, mixed with the food, one or two teaspoonfuls of salad oil.

New Neckwear.

With the laying aside of furs a new style of jabot was demanded for wear with the single-breasted coats of this season's fashion. For this purpose the graduated side frill is the favorite. Next comes the cascade just long enough to fill the neck opening of the coat. A dainty touch of embroidery in pastel shades is sometimes added to the new neckwear with good effect.

The materials used in making Dutch collars, side frills, fancy stocks, and jabots are white batiste, net, marquisette, fine lace, and beads.

SEWING ROOM HINTS FOR HELP OF HOMEMAKERS

Disorganized machine drawers when one has a busy day's sewing is sometimes enough to disorganize one's nerves at least it helps to a certain degree.

The contents of machine drawers ought to be systematized as one systematizes one's housework or the menus for the week.

Hobbins and attachments and tools have their proper drawer or boxes and should never find their way into the other drawers.

Wires on which to string the different sizes and kinds of buttons should be in a corner of the handiest drawer. Put on the buttons and loop the thin wire so that they cannot come off.

Two or three small bottles with tin tops should be used, in which to keep needles according to size, one being especially used for the machine needles.

Keep Drawer in Order.

Then the spools of thread. Do not have a drawer jammed up with a dozen or two of spools, silk, and cotton mixed, loose ends intertwined for the exhaustion of your patience.

Take a board about nine inches square and dot across the top equal spaces for seven rows of spools. Mark off with pencil as you would a checker board. In the center of each section drive a very thin wire nail. The nails should be about two and a half inches long if the board is a half-inch thick; and the board can be easily taken from a store box and cut to suit.

Drive the nails from the rough side, so

the side on which you hang the spools will present the smooth side.

Above each perpendicular row place the numbers of the threads you use. About twenty-four pegs ought to do, so that you can have a dozen or more spools on one on which to hang different colors of silks.

Never Allow Cotton to Run Out. Black and white cottons of all sizes should never be allowed to run out before the next spool is purchased.

A file should be used to blunt the points of the nails after they are driven through, and they should be tilted slightly upward so that the spools will remain on them firmly.

This convenient article can be placed in the sewing room or corner permanently by attaching to the wall with a long, thin nail which is purchased.

If you do not desire to hang it permanently, tack a fancy ribbon bow at the middle of the top and hang on a pushpin or brass tack.

It can be placed under the cover when you close the sewing machine, or where a dropped is used make a stout paste-board box in which to keep it.

Remember that system is as much required at the sewing machine as in any other duty. If you wish to achieve the best results.